



Kinetic Academy Wellness Committee 2025-26

January 20, 2026

Agenda Items:

1. Sign-In & Committee Introductions
2. Old Business
 - a. Lunch program update
3. New Business
 - a. Triennial evaluation of Wellness Plan
 - i. Must meet Final Rule requirements for triennial assessment
 - ii. Compare KA Plan to a model plan (Alliance for a Healthier Generation Model Policy)
 - iii. Evaluation of KA Plan (Action for Healthy Kids School Health Index)
 1. <https://app.luminpdf.com/viewer/69024553475e5843b7564259>
 - iv. Review progress of current goals
 - v. Discuss suggested changes to current plan - DRAFT
 - b. Approve Kinetic Academy Wellness Plan 2026
4. Set date for next meeting
 - a. Early Spring 2026
5. Next Steps:
 - a. Scan today's sign-in, notes, and next meeting date to School Food Solutions
 - b. Post today's agenda and notes to website
 - c. Update KA Wellness Plan to include changes/goals discussed
 - d. Share Wellness Plan with community
 - e. Post Wellness Plan to school website