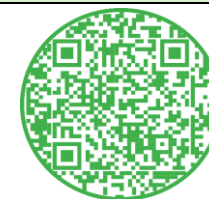


SEPTEMBER BREAKFAST

EAST



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Yogurt w/ String Cheese Cheerios Cereal w/ Honey Grahams	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams	Yogurt w/ Honey Grahams CinniPuffs (Maple Cinnamon Puffed Cereal) Beef Sausage & Cheese Croissant Sandwich	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams
7	8	9	10	11
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Cheerios Cereal w/ Honey Grahams Vanilla Concha	Blueberry Muffin Cheerios Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Croissant w/ Grape Jelly Cinnamon Chex Cereal w/ Honey Grahams Oatmeal w/ Blueberries	Yogurt w/ Honey Grahams Mini Maple Pancakes
14	15	16	17	18
Vanilla Concha French Toast Sticks	Banana Muffin Cinnamon Chex Cereal w/ Honey Grahams Beef Sausage & Cheese English Muffin Sandwich	Bagel w/ Cream Cheese Cocoa Orbits Bites (Chocolate Puffed Cereal)	Honey Bunches of Oats Cereal w/ Honey Grahams Waffle	Strawberry Yogurt Parfait w/ Cinnamon Granola CinniPuffs (Maple Cinnamon Puffed Cereal) Egg, Cheese & Green Salsa Breakfast Burrito
21	22	23	24	25
Cinnamon Roll Cocoa Orbits Bites (Chocolate Puffed Cereal) Apple Hand Pie	Yogurt w/ String Cheese Cheerios Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams	Yogurt w/ Honey Grahams CinniPuffs (Maple Cinnamon Puffed Cereal) Beef Sausage & Cheese Croissant Sandwich	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Mini Strawberry Pancakes
28	29	30		
Cinnamon Crumble Honey Bunches of Oats Cereal w/ Honey Grahams French Toast Sticks	Conchita w/ String Cheese CinniPuffs (Maple Cinnamon Puffed Cereal) Maple Beef Sausage & Pancake Sandwich	Blueberry Muffin Cheerios Cereal w/ Honey Grahams		
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Plum (1/2 C),Banana (1/2 C),Apple Slices (1/2 C),100% Fruit Juice 4 oz,Pear (1/2 C),Apple (1/2 C),Nectarine (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



SEPTEMBER LUNCH

EAST



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots Chicken Salad Sandwich w/ Baby Carrots	Chicken Dumplings w/ Mixed Veggies Sesame Beef Bowl w/ Broccoli	Turkey Nachos w/ Refried Beans & Tortilla Chips BBQ Chicken w/ Baked Beans & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
7	8	9	10	11
NO SCHOOL	Cheeseburger w/ Oven Baked Fries Grilled Cheese Sandwich w/ Baby Carrots	Chicken Bites w/ Corn Asian Chicken Salad w/ WG Crispy Noodles	Bean & Cheese Pupusa w/ Pinto Beans Cheese Tamale w/ Black Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
14	15	16	17	18
Crispy Chicken Sandwich w/ Oven Baked Fries Soy Veggie Burger w/ Potato Wedges Turkey & Cheese Sub Sandwich w/ Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots Yogurt w/ String Cheese, Granola & Baby Carrots	Hot Dog w/ Oven Baked Fries Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Bean & Cheese Burrito w/ Baby Carrots	Chicken Tamale w/ Pinto Beans Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
21	22	23	24	25
Bean Burrito Bowl w/ Rice & Corn Chicken Bites w/ Oven Bakes Fries Turkey & Cheese Sub Sandwich w/ Tajin Corn	Bean & Cheese Burrito w/ Baby Carrots Penne & Meat Sauce Chicken Salad Sandwich w/ Baby Carrots	Sesame Beef Bowl w/ Broccoli Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Dumplings w/ Mixed Veggies	Turkey Nachos w/ Refried Beans & Tortilla Chips BBQ Chicken w/ Baked Beans & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
28	29	30		
Cheeseburger w/ Oven Baked Fries Orange Chicken & Not So Fried Rice w/ Peas & Giant Goldfish Grahams Turkey & Cheese Sub Sandwich w/ Tajin Corn	Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Mac & Cheese w/ Diced Carrots	Chicken Bites w/ Corn Grilled Cheese Sandwich w/ Baby Carrots Firecracker Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Asian Chicken Salad w/ WG Crispy Noodles		
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Celery Sticks (1/4 C) Wednesday:Cucumber Slices (1/4 C) w/ Tajin Thursday:Jicama Slices (1/4 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)	Apple (1/2 C),Banana (1/2 C),Nectarine (1/2 C),Peach (1/2 C),100% Fruit Juice 4 oz	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



SEPTEMBER BREAKFAST

WEST



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Yogurt w/ String Cheese Cheerios Cereal w/ Honey Grahams	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams Mini Maple Pancakes	Yogurt w/ Honey Grahams CinniPuffs (Maple Cinnamon Puffed Cereal) Beef Sausage & Cheese Croissant Sandwich	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Mini Strawberry Pancakes
7	8	9	10	11
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Cheerios Cereal w/ Honey Grahams Vanilla Concha	Blueberry Muffin Cheerios Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Croissant w/ Grape Jelly Cinnamon Chex Cereal w/ Honey Grahams Oatmeal w/ Blueberries	Yogurt w/ Honey Grahams Cocoa Orbits Bites (Chocolate Puffed Cereal) Mini Maple Pancakes
14	15	16	17	18
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks	Banana Muffin Cinnamon Chex Cereal w/ Honey Grahams Beef Sausage & Cheese English Muffin Sandwich	Bagel w/ Cream Cheese Cocoa Orbits Bites (Chocolate Puffed Cereal) Mini Strawberry Pancakes	Berry Apple Zee Zee Bar Honey Bunches of Oats Cereal w/ Honey Grahams Waffle	Strawberry Yogurt Parfait w/ Cinnamon Granola CinniPuffs (Maple Cinnamon Puffed Cereal) Egg, Cheese & Green Salsa Breakfast Burrito
21	22	23	24	25
Cinnamon Roll Cocoa Orbits Bites (Chocolate Puffed Cereal) Apple Hand Pie	Yogurt w/ String Cheese Cheerios Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams Mini Maple Pancakes	Yogurt w/ Honey Grahams CinniPuffs (Maple Cinnamon Puffed Cereal) Beef Sausage & Cheese Croissant Sandwich	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Mini Strawberry Pancakes
28	29	30		
Cinnamon Crumble Honey Bunches of Oats Cereal w/ Honey Grahams French Toast Sticks	Conchita w/ String Cheese CinniPuffs (Maple Cinnamon Puffed Cereal) Maple Beef Sausage & Pancake Sandwich	Blueberry Muffin Cheerios Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito		
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Plum (1/2 C), Banana (1/2 C), Apple Slices (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple (1/2 C), Nectarine (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



SEPTEMBER LUNCH

WEST



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots Chicken Salad Sandwich w/ Baby Carrots Wowbutter & Jelly Sandwich w/ Baby Carrots	Chicken Dumplings w/ Mixed Veggies Sesame Beef Bowl w/ Broccoli Cheese Pizza Kit	Turkey Nachos w/ Refried Beans & Tortilla Chips BBQ Chicken w/ Baked Beans & Dinner Roll Wowbutter Jelly Sandwich w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
7	8	9	10	11
NO SCHOOL	Cheeseburger w/ Oven Baked Fries Grilled Cheese Sandwich w/ Baby Carrots	Chicken Bites w/ Corn Grilled Cheese Sandwich w/ Baby Carrots Asian Chicken Salad w/ WG Crispy Noodles	Bean & Cheese Pupusa w/ Pinto Beans Cheese Tamale w/ Black Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
14	15	16	17	18
Crispy Chicken Sandwich w/ Oven Baked Fries Soy Veggie Burger w/ Potato Wedges Turkey & Cheese Sub Sandwich w/ Tajin Corn Wowbutter & Jelly Sandwich w/ Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots Yogurt w/ String Cheese, Granola & Baby Carrots	Hot Dog w/ Oven Baked Fries Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Tamale w/ Pinto Beans Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
21	22	23	24	25
Bean Burrito Bowl w/ Rice & Corn Chicken Bites w/ Oven Bakes Fries Turkey & Cheese Sub Sandwich w/ Tajin Corn	Bean & Cheese Burrito w/ Baby Carrots Penne & Meat Sauce Wowbutter & Jelly Sandwich w/ Baby Carrots Chicken Salad Sandwich w/ Baby Carrots	Sesame Beef Bowl w/ Broccoli Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Dumplings w/ Mixed Veggies Cheese Pizza Kit	Turkey Nachos w/ Refried Beans & Tortilla Chips BBQ Chicken w/ Baked Beans & Dinner Roll Wowbutter Jelly Sandwich w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
28	29	30		
Cheeseburger w/ Oven Baked Fries Orange Chicken & Not So Fried Rice w/ Peas & Giant Goldfish Grahams Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Mac & Cheese w/ Diced Carrots Yogurt w/ String Cheese, Granola & Baby Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots	Chicken Bites w/ Corn Grilled Cheese Sandwich w/ Baby Carrots Firecracker Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Asian Chicken Salad w/ WG Crispy Noodles		
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Celery Sticks (1/4 C) Wednesday:Cucumber Slices (1/4 C) w/ Tajin Thursday:Jicama Slices (1/4 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)	Apple (1/2 C),Banana (1/2 C),Nectarine (1/2 C),Peach (1/2 C),100% Fruit Juice 4 oz	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

