

September Breakfast

West Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Strawberry Yogurt Parfait w/ Cinnamon Granola Mini Maple Pancakes Apple Jacks Cereal w/ Giant Cinnamon Grahams	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle Cinnamon Roll
8	9	10	11	12
Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes Cinnamon Crumble	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Giant Cinnamon Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit	Fruit & Yogurt Smoothie w/ Granola Froot Loops Cereal w/ Giant Cinnamon Grahams Maple Beef Sausage & Pancake Sandwich
15	16	17	18	19
Bagel w/ Cream Cheese Froot Loops Cereal w/ Giant Cinnamon Grahams Maple Beef Sausage & Pancake Sandwich	Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks	Strawberry Yogurt Parfait w/ Cinnamon Granola Apple Jacks Cereal w/ Giant Cinnamon Grahams Mini Maple Pancakes	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle
22	23	24	25	26
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Mantecada Muffin Apple Jacks Cereal w/ Giant Cinnamon Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit	Fruit & Yogurt Smoothie w/ Granola Froot Loops Cereal w/ Giant Cinnamon Grahams Maple Beef Sausage & Pancake Sandwich
29	30			
Bagel w/ Cream Cheese Froot Loops Cereal w/ Giant Cinnamon Grahams Maple Beef Sausage & Pancake Sandwich	Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks			
Breakfast Includes:	Featured Fruit:	RevUp Rewards:		
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Plum (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Pear (1/2 C), Banana (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards		



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		Bean & Cheese Burrito w/ Roasted Fava Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Asian Chicken Salad w/ WG Crispy Noodles	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
8	9	10	11	12
Crispy Chicken Sandwich w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots	Parm Pizza Bites w/ Marinara Dipping Sauce Italian Turkey Trio on Hoagie w/ Baby Carrots Penne & Meat Sauce	Chicken Bites w/ Mashed Potatoes Bean & Cheese Pupusa w/ Curtido Salad P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tortilla Chips Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
15	16	17	18	19
Hamburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Cheese Pizza Kit	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	Chicken Bites w/ Mashed Potatoes Chicken Caesar Salad with Dinner Roll & Croutons	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
22	23	24	25	26
Cheeseburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Cheese Pizza Kit	Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Burrito w/ Roasted Fava Beans	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Asian Chicken Salad w/ WG Crispy Noodles	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
29	30			
Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn Crispy Chicken Sandwich w/ Oven Baked Fries	Parm Pizza Bites w/ Marinara Dipping Sauce Italian Turkey Trio on Hoagie w/ Baby Carrots Penne & Meat Sauce			
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Roasted Kettle Corn Chickpeas Wednesday:Baby Carrots (1/2 C) Thursday:Celery Sticks (1/4 C),Cucumber Slices (1/4 C) w/ Tajin Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C)	100% Fruit Juice 4 oz,Apple (1/2 C), Grapes (1/2 C),Peach (1/2 C),Banana (1/2 C),Watermelon (25 servings per tray), Applesauce Cup (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



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Crispy Chicken Sandwich w/ Oven Baked Fries Breakfast for Lunch: French Toast & Sausage w/ Potato Wedges Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Tamale w/ Seasoned Mixed Veg Italian Turkey Trio on Hoagie w/ Baby Carrots Penne & Meat Sauce	Chicken Bites w/ Mashed Potatoes Bean & Cheese Pupusa w/ Curtido Salad P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tortilla Chips Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
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Cheeseburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Beef Birria Tacos w/ Tajin Corn Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Cheese Pizza Kit	BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Burrito w/ Roasted Fava Beans	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Asian Chicken Salad w/ WG Crispy Noodles	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
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