

NOVEMBER BREAKFAST

WEST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit Sausage & Cheese Stuffed Waffle	Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich Fruit & Yogurt Smoothie w/ Granola
10	11	12	13	14
NO SCHOOL	NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Berry Apple Crisp Bar	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Cinnamon Roll Sausage & Cheese Stuffed Waffle
17	18	19	20	21
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit Sausage & Cheese Stuffed Waffle	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams
24	25	26	27	28
FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
DECEMBER	DECEMBER	DECEMBER	DECEMBER	DECEMBER
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Orange (1/2 C), Raisins (1/2 C), Banana (1/2 C), Applesauce Cup (1/2 C), Pear (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



NOVEMBER LUNCH

WEST MENU

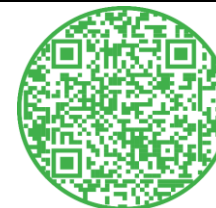


Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheeseburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Penne & Meat Sauce Chicken Tamale w/ Seasoned Mixed Veg Cheese Pizza Kit	BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Burrito w/ Roasted Fava Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Mac & Cheese w/ Diced Carrots Asian Chicken Salad w/ WG Crispy Noodles	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
10	11	12	13	14
NO SCHOOL	NO SCHOOL	P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots Shelf Stable Buffalo Chicken Bites & Smoked Gouda Dip, Wheat Crackers, Craisins, veg Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, veg	Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Bean & Cheese Pupusa w/ Curtido Salad 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
17	18	19	20	21
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Grill Day Cheeseburger w/ Lettuce and Tomato Grill Day Hot Dog w/ Lettuce and Tomato Grill Day Veggie Burger w/ Lettuce & Tomato	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	Mac & Cheese w/ Diced Carrots Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Caesar Salad with Dinner Roll & Croutons	Rev'food Pepperoni Pizza Rev'food Cheese Pizza Turkey & Cheese Sub Sandwich
24	25	26	27	28
FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
DECEMBER	DECEMBER	DECEMBER	DECEMBER	DECEMBER
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Veg of the Day: Monday:Baby Carrots (1/4 C) Tuesday:Roasted Kettle Corn Chickpeas Wednesday:Baby Carrots (1/2 C),Cucumber Slices (1/4 C) w/ Tajin Thursday:Celery Sticks (1/4 C),Baby Carrots (1/2 C) Friday:Side Salad, Lettuce, Carrots	Featured Fruit: 100% Fruit Juice 4 oz,Apple (1/2 C),Banana (1/2 C),Apple Slices (1/2 C),Cranberries (1/2 C),Persimmon (1/2 C),Orange (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 	

NOVEMBER EAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Cheerios Cereal w/ Honey Grahams	Honey Bunches of Oats Cereal w/ Honey Grahams Fruit & Yogurt Smoothie w/ Granola
10	11	12	13	14
NO SCHOOL	NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Corn Chex Cereal, Honey Grahams Berry Apple Crisp Bar	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle
17	18	19	20	21
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams
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FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
DECEMBER	DECEMBER	DECEMBER	DECEMBER	DECEMBER
Breakfast Includes:	Featured Fruit:	RevUp Rewards:		
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Orange (1/2 C), Raisins (1/2 C), Banana (1/2 C), Applesauce Cup (1/2 C), Pear (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards		



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NO SCHOOL	NO SCHOOL	P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots Shelf Stable Buffalo Chicken Bites & Smoked Gouda Dip, Wheat Crackers Shelf Stable Beef Bites & Cheese Stick Poptillas,	Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Bean & Cheese Pupusa w/ Curtido Salad 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
17	18	19	20	21
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Penne & Meat Sauce Cheese Pizza Kit	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	Mac & Cheese w/ Diced Carrots Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Caesar Salad with Dinner Roll & Croutons	Rev'food Pepperoni Pizza Rev'food Cheese Pizza Turkey & Cheese Sub Sandwich
24	25	26	27	28
FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
DECEMBER	DECEMBER	DECEMBER	DECEMBER	DECEMBER

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Roasted Kettle Corn Chickpeas Wednesday:Baby Carrots (1/2 C),Cucumber Slices (1/4 C) w/ Tajin Thursday:Celery Sticks (1/4 C),Baby Carrots (1/2 C) Friday:Side Salad, Lettuce, Carrot	100% Fruit Juice 4 oz,Apple (1/2 C),Banana (1/2 C),Apple Slices (1/2 C),Cranberries (1/2 C),Persimmon (1/2 C),Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

