

May Breakfast West Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cinnamon Roll Apple Jacks Cereal w/ Giant Cinnamon Grahams Breakfast Burrito	2 Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams
5 Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	6 Fruit & Yogurt Smoothie w/ Granola Froot Loops Cereal w/ Giant Cinnamon Grahams Waffle	7 Double Chocolate Chip Muffin Cheerios Cereal w/ Honey Grahams	8 Honey Bunches of Oats Cereal w/ Honey Grahams Egg & Cheese Empanada Banana Muffin	9 Conchita w/ String Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Maple Beef Sausage & Pancake Sandwich
12 Blueberry Muffin Cinnamon Chex Cereal w/ Honey Grahams Breakfast Burrito	13 Vanilla Concha Froot Loops Cereal w/ Giant Cinnamon Grahams French Toast Sticks	14 Cinnamon Roll Honey Bunches of Oats Cereal w/ Honey Grahams	15 Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams	16 Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Sausage & Cheese Stuffed Waffle Cheerios Cereal
19 Chocolate Chip Muffin Top Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	20 Egg & Cheese English Muffin Sandwich Cheerios Cereal w/ Honey Grahams Banana Muffin	21 Cinnamon Crumble Froot Loops Cereal w/ Giant Cinnamon Grahams Waffle	22 Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams	23 Conchita w/ String Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Egg & Turkey Sausage Scramble w/ Roasted Potatoes
26 NO SCHOOL	27 Cinnamon Chex Cereal w/ Honey Grahams Vanilla Concha	28 Mantecada Muffin Cinnamon Chex Cereal w/ Honey Grahams	29 Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Sausage & Cheese Stuffed Waffle	30 Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Froot Loops Cereal w/ Giant Cinnamon Grahams Breakfast Burrito

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple Slices (1/2 C), Orange (1/2 C), Dried Cranberries (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Banana (1/2 C), Raisins (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



May Lunch

West Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Cheese Tamale w/ Black Beans	2 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
5 Hot Dog w/ Oven Baked Fries Hamburger w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	6 Turkey & Cheese Sub Sandwich w/ Baby Carrots Cheese Pizza Kit Parm Pizza Bites w/ Marinara Dipping Sauce	7 Chicken Caesar Salad with Dinner Roll & Croutons Turkey & Cheese Cracker Kit Hummus, Flatbread & Egg Kit Sweet Chili Chicken Meatballs w/ Not So Fried Rice & Broccoli	8 BBQ Chicken w/ Baked Beans & Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots	9 Beef & Cheese Taco Stick w/ Roasted Beans Beef, Bean & Cheese Burrito Cheese Pizza Cold Pasta Salad with Chicken, Baby Carrots & Pretzels
12 Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	13 Inside Out Chicken Pot Pie w/ Peas & Carrots Breakfast for Lunch: Pancakes & Sausage w/ Potatoes Italian Turkey Trio on Hoagie w/ Baby Carrots *PBJ Sandwich Kit (Seedbutter) w/ Baby Carrots	14 Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Sunflower Seeds w/ String Cheese & Baby Carrots Mexican Chicken Salad w/ Romaine Lettuce & Tostitos Chips	15 Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Bean & Cheese Pupusa w/ Curtido Salad	16 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
19 Hot Dog w/ Oven Baked Fries Hamburger w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	20 Turkey & Cheese Sub Sandwich w/ Baby Carrots Cheese Pizza Kit Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes Parm Pizza Bites w/ Marinara Dipping Sauce	21 Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Penne & Meat Sauce w/ Diced Carrots Asian Chicken Salad w/ WG Crispy Noodles Hummus, Flatbread & Egg Kit w/ Baby Carrots	22 Turkey Nachos w/ Refried Beans & Tostitos Chips Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Chicken Tikka Masala w/ Rice, Chickpeas & Dinner Roll	23 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
26 NO SCHOOL	27 Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	28 Penne & Meat Sauce w/ Diced Carrots Chicken Caesar Salad with Dinner Roll & Croutons Cheese Pizza Kit	29 Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans	30 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Veg of the Day: Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch (1 C) Thursday: Cucumber Slices (1/4 C) w/ Tajin, Celery Sticks (1/4 C) Monday: Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C) Tuesday: Roasted Chickpeas, Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C) Wednesday: Baby Carrots (1/2 C)	Featured Fruit: Applesauce Cup (1/2 C), Banana (1/2 C), 100% Fruit Juice 4 oz, Peach (1/2 C), Cantaloupe (30 servings per tray), Apple (1/2 C), Pear (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 	

May Breakfast East Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Cinnamon Roll Apple Jacks Cereal w/ Giant Cinnamon Grahams Breakfast Burrito	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams Pancakes w/ Syrup
5	6	7	8	9
Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Froot Loops Cereal w/ Giant Cinnamon Grahams Waffle w/ Syrup	Double Chocolate Chip Muffin Cheerios Cereal w/ Honey Grahams	Honey Bunches of Oats Cereal w/ Honey Grahams Banana Muffin	Conchita w/ String Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams
12	13	14	15	16
Blueberry Muffin Cinnamon Chex Cereal w/ Honey Grahams Breakfast Burrito	Vanilla Concha Froot Loops Cereal w/ Giant Cinnamon Grahams French Toast Sticks w/ Syrup	Cinnamon Roll Honey Bunches of Oats Cereal w/ Honey Grahams	Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Pancakes w/ Syrup	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Sausage & Cheese Stuffed Waffle
19	20	21	22	23
Chocolate Chip Muffin Top Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Egg & Cheese English Muffin Sandwich Cheerios Cereal w/ Honey Grahams Banana Muffin	Cinnamon Crumble Froot Loops Cereal w/ Giant Cinnamon Grahams	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese Empanada	Conchita w/ String Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Egg & Turkey Sausage Scramble w/ Roasted Potatoes & Dinner Roll
26	27	28	29	30
		Mantecada Muffin Cinnamon Chex Cereal w/ Honey Grahams	Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Breakfast Burrito	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Froot Loops Cereal w/ Giant Cinnamon Grahams Pancakes w/ Syrup
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple Slices (1/2 C), Orange (1/2 C), Dried Cranberries (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Banana (1/2 C), Raisins (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

May Lunch

East Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Cheese Tamale w/ Black Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
5	6	7	8	9
Hot Dog w/ Oven Baked Fries Hamburger w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	Sweet Chili Chicken Meatballs w/ Not So Fried Rice & Broccoli Turkey & Cheese Sub Sandwich w/ Baby Carrots Cheese Pizza Kit Parm Pizza Bites w/ Marinara Dipping Sauce	Chicken Caesar Salad with Dinner Roll & Croutons Turkey & Cheese Cracker Kit w/ Baby Carrots Hummus, Flatbread & Egg Kit w/ Baby Carrots	RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Meat Sauce w/ Diced Carrots Beef & Cheese Taco Stick w/ Roasted Fava Beans BBQ Chicken w/ Baked Beans & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
12	13	14	15	16
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	Inside Out Chicken Pot Pie w/ Peas & Carrots Breakfast for Lunch: Pancakes & Sausage w/ Potatoes & Syrup Italian Turkey Trio on Hoagie w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Salad & Cheese Cracker Kit w/ Baby Carrots Sunflower Seeds w/ String Cheese & Baby Carrots Mexican Chicken Salad w/ Romaine Lettuce & Tostitos Chips	Chicken Tamale w/ Pinto Beans Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Bean & Cheese Pupusa w/ Curtido Salad	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
19	20	21	22	23
Hot Dog w/ Oven Baked Fries Hamburger w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun Sunflower Seeds w/ String Cheese & Baby Carrots	Turkey & Cheese Sub Sandwich w/ Baby Carrots Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes Parm Pizza Bites w/ Marinara Dipping Sauce	Cheese Pizza Kit Asian Chicken Salad w/ WG Crispy Noodles Hummus, Flatbread & Egg Kit w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tostitos Chips Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Chicken Tikka Masala w/ Rice, Chickpeas & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
26	27	28	29	30
NO SCHOOL	Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons Cheese Pizza Kit Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Penne & Meat Sauce w/ Diced Carrots Turkey & Gravy w/ Mashed Potatoes & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Thursday:Cucumber Slices (1/4 C) w/ Tajin,Celery Sticks (1/4 C) Monday:Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C) Tuesday:Roasted Chickpeas,Side of Oven Baked Fries (1/2 C),Baby Carrots (1/4 C) Wednesday:Baby Carrots (1/2 C)	Applesauce Cup (1/2 C),Banana (1/2 C), 100% Fruit Juice 4 oz,Peach (1/2 C), Cantaloupe (30 servings per tray),Apple (1/2 C),Pear (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

