May Brea	akfast	West Me	nu	+ Made for you! k00Ds
Monday	Tuesday	Wednesday	Thursday	Friday
		1	1	2
			Cinnamon Roll Apple Jacks Cereal w/ Giant Cinnamon Grahams Breakfast Burrito	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams
5	6	7	8	9
Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Froot Loops Cereal w/ Giant Cinnamon Grahams Waffle	Double Chocolate Chip Muffin Cheerios Cereal w/ Honey Grahams	Honey Bunches of Oats Cereal w/ Honey Grahams Egg & Cheese Empanada Banana Muffin	Conchita w/ String Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Maple Beef Sausage & Pancake Sandwich
12	13	14	15	16
Blueberry Muffin Cinnamon Chex Cereal w/ Honey Grahams Breakfast Burrito	Vanilla Concha Froot Loops Cereal w/ Giant Cinnamon Grahams French Toast Sticks	Cinnamon Roll Honey Bunches of Oats Cereal w/ Honey Grahams	Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Sausage & Cheese Stuffed Waffle Cheerios Cereal
19	20	21	22	23
Chocolate Chip Muffin Top Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Egg & Cheese English Muffin Sandwich Cheerios Cereal w/ Honey Grahams Banana Muffin	Cinnamon Crumble Froot Loops Cereal w/ Giant Cinnamon Grahams Waffle	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams	Conchita w/ String Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Egg & Turkey Sausage Scramble w/ Roasted Potatoes
26	27	28	29	30
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Vanilla Concha	Mantecada Muffin Cinnamon Chex Cereal w/ Honey Grahams	Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Sausage & Cheese Stuffed Waffle	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Froot Loops Cereal w/ Giant Cinnamon Grahams Breakfast Burrito
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple Slices (1/2 C),Orange (1/2 C),Dried Cranberries (1/2 C),Apple (1/2 C),100% Fruit Juice 4 oz,Pear (1/2 C),Banana (1/2 C),Raisins (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	
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Intervention I	2 s Pepperoni Pizza Slice r's Cheese Pizza Slice 9 te Taco Stick w/ Roasted an & Cheese Burrito heese Pizza alad with Chicken, Baby rots & Pretzels 16
Image: Section of the section of t	y e Taco Stick w/ Roasted an & Cheese Burrito heese Pizza alad with Chicken, Baby rots & Pretzels
Chicken Tamale w/ Pinto Beans Papa John's Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Papa John's Veggie Chef Salad w: Egg, Dinner Roll & Ranch Ranch Cheese Tamale w/ Black Beans Chicken Caesar Salad with Dinner Roll & Croutons BBQ Chicken w/ Baked Beans & Dinner Roll Cheese Pizza Kit BBQ Chicken w/ Baked Beans & Dinner Roll RFC Bow: Cheese Roll & Road Dinner Roll RFC Bow: Cheese Bites w/ Gravy, Corn & Mashed Potatoes Beef & Cheese Beans Beef, Beer Child Chicken Meatballs w/ Not So Fried Rice & Broccoli 12 13 14 15 Chicken Tamale w/ Pinto Beans Veggie Cher Salad with V Oven Baked Fries Sunflower Seeds w/ String Cheese & Baby Carrots Inside Out Chicken Pot Pie w/ Peas & Sausage w/ Potatoes Chicken Damplings & Not So Fried Rice w/ Edamame & Peas Sunflower Seeds w/ String Cheese & Distrey Cheese Charles w/ Cheese Charles w/ Baked Priese Child Chicken Potatoes Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll RFC Boric 1 1 1 Chicken Tamale w/ Pinto Beans Sunflower Seeds w/ String Cheese & Sunflower Seeds w/ String Cheese & Baby Carrots Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Sunflower Seeds w/ String Cheese & Baby Carrots Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Veggie Durger w/ Noasted Potatoes Baby Carrots Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Sunflower Seeds w/ String Cheese & Baby Carrots Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Din	y e Taco Stick w/ Roasted an & Cheese Burrito heese Pizza alad with Chicken, Baby rots & Pretzels
Hot Dog w/ Oven Baked Fries Hamburger w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots Turkey & Cheese Sub Sandwich w/ Baby Carrots Chicken Caesar Salad with Dinner Roll & Croutons Turkey & Cheese Cracker Kit Hummus, Flatbread & Egg Kit Sweet Chili Chicken Meatballs w/ Not So Fried Rice & Broccoli BBQ Chicken w/ Baked Beans & Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots Beef & Cheese Beans Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots Beef & Cheese Beans Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots Beef & Cheese Beans Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots Beef & Cheese Beans Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots Beef & Cheese Beans Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots Beef & Cheese Cold Pasta Sa Carrots Checken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Sundbower Seeds w/ String Cheese & Sundbower Seeds w/ String Cheese & Baby Carrots Inside Out Chicken Pot Pie w/ Peas Sauge w/ Potatoes Italian Turkey Trio on Hoagie w/ Baby Carrots Chicken Dumplings & Not So Fried Ries w/ Edamame & Peas Sunflower Seeds w/ String Cheese & Baby Carrots Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Papa John's Papa John's Papa John's Papa John's Papa John's Papa John's	e Taco Stick w/ Roasted an & Cheese Burrito heese Pizza alad with Chicken, Baby rots & Pretzels
Hamburger w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots Turkey & Cheese Cracker Kit Hummus, Flatbread & Egg Kit Sweet Chill Chicken Meatballs w/ Not So Fried Rice & Broccoli BBQ Chicken W/ Baked Beans & Dinner Roll RFC Bowl: Chicken Bites w/ Gravy, Corm & Mashed Potatoes Penne & Meat Sauce w/ Diced Carrots Beer, Beer, Cicken Cold Pasta Sa Carrots 12 13 14 15 Cheese burger w/ Oven Baked Fries Crispy Chicken Sadwich w/ Oven Baked Fries Inside Out Chicken Pot Pie w/ Peas & Carrots Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Chicken Tamale w/ Pinto Beans Veggie Cheese Cracker Kit w/ Roasted Potatoes Papa John's Papa John's Papa John's Papa John's Papa John's Papa John's Papa John's	an & Cheese Burrito heese Pizza alad with Chicken, Baby rots & Pretzels
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Italian Turkey Trio on Hoagie w/ Baby Soy Veggie Burger w/ Roasted Potatoes Italian Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Italian Turkey & Cheese Buby Carrots Mexican Chicken Salad w/ Romaine District Cheese & Baby Carrots Mexican Chicken Salad w/ Romaine District Cheese Mathematication (Second Potatoes) Carrots Sunflower Seeds w/ String Cheese & Baby Carrots Mexican Chicken Salad w/ Romaine District Cheese Mathematication (Second Potatoes) Carrots Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Sunflower Seeds w/ String Cheese & Roese Carrots Mexican Chicken Salad w/ Romaine	16
Cheeseburger w/ Oven Baked Fries Carrots Crispy Chicken Sandwich w/ Oven Baked Breakfast for Lunch: Pancakes & Breakfast for Lunch: Potatoes Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Papa John's Papa John's Papa John's Survey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Italian Turkey Trio on Hoagie w/ Baby Carrots Sunflower Seeds w/ String Cheese & Mexican Chicken Salad w/ Romaine Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Papa John's Papa John's Checken Tamale w/ Pinto Beans Papa John's Papa John's	
Carrots Baby Carrots Baby Carrots Baby Carrots Chips Cheese Pupusa w/ Curtido Salad	s Pepperoni Pizza Slice s' Cheese Pizza Slice
<u>19 20 21 22</u>	23
	s Pepperoni Pizza Slice 1's Cheese Pizza Slice
<u>26 27 28 29</u>	30
	s Pepperoni Pizza Slice I's Cheese Pizza Slice
Lunch Includes: Veg of the Day: Featured Fruit: RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Thursday:Cucumber Slices (1/4 C) w/ Thursday:Cucumber Slices (1/4 C) w/ Thursday:Cucumber Slices (1/4 C) w/ Cantaloupe (30 servings per tray),Apple Complete the Survey	
Wags include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich Tajin, Celery Sticks (1/4 C) Monday:Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C) (1/2 C), Pear (1/2 C) You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards Baked Fries (1/2 C), Baby Carrots (1/4 C) Wednesday:Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas, Side of Oven Baked Fries (1/2 C) Wednesday:Roasted Chickpeas, Side of Oven Baked Fries (1/2 C)	

Iviay Drea	<u>akfast</u>	East Mer	1U +*{	Made for you!
Monday	Tuesday	Wednesday	Thursday	Friday
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			Cinnamon Roll Apple Jacks Cereal w/ Giant Cinnamon Grahams Breakfast Burrito	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams Pancakes w/ Syrup
5	6	7	8	9
Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Froot Loops Cereal w/ Giant Cinnamon Grahams Waffle w/ Syrup	Double Chocolate Chip Muffin Cheerios Cereal w/ Honey Grahams	Honey Bunches of Oats Cereal w/ Honey Grahams Banana Muffin	Conchita w/ String Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams
12	13	14	15	16
Blueberry Muffin Cinnamon Chex Cereal w/ Honey Grahams Breakfast Burrito	Vanilla Concha Froot Loops Cereal w/ Giant Cinnamon Grahams French Toast Sticks w/ Syrup	Cinnamon Roll Honey Bunches of Oats Cereal w/ Honey Grahams	Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Pancakes w/ Syrup	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Sausage & Cheese Stuffed Waffle
19	20	21	22	23
Chocolate Chip Muffin Top Honey Bunches of Oats Cereal w/	Egg & Cheese English Muffin Sandwich	Cinnamon Crumble Froot Loops Cereal w/ Giant	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey	Conchita w/ String Cheese Apple Jacks Cereal w/ Giant
Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cheerios Cereal w/ Honey Grahams Banana Muffin	Cinnamon Grahams	Grahams Egg & Cheese Empanada	Cinnamon Grahams Egg & Turkey Sausage Scramble w/ Roasted Potatoes & Dinner Roll
Honey Grahams Maple Beef Sausage & Pancake	Cheerios Cereal w/ Honey Grahams			Egg & Turkey Sausage Scramble w/
Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cheerios Cereal w/ Honey Grahams Banana Muffin	Cinnamon Grahams	Egg & Cheese Empanada	Egg & Turkey Sausage Scramble w/ Roasted Potatoes & Dinner Roll
Honey Grahams Maple Beef Sausage & Pancake Sandwich 26	Cheerios Cereal w/ Honey Grahams Banana Muffin 27	Cinnamon Grahams 28 Mantecada Muffin Cinnamon Chex Cereal w/ Honey	Egg & Cheese Empanada 29 Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams	Egg & Turkey Sausage Scramble w/ Roasted Potatoes & Dinner Roll 30 Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Froot Loops Cereal w/ Giant Cinnamon Grahams Pancakes w/ Syrup
Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cheerios Cereal w/ Honey Grahams Banana Muffin 27 <i>Feature</i> Apple Slices (1/2 C),Orange (1/2 C),Dried	Cinnamon Grahams 28 Mantecada Muffin Cinnamon Chex Cereal w/ Honey Grahams d Fruit:	Egg & Cheese Empanada 29 Bagel w/ Cream Cheese Apple Jacks Cereal w/ Giant Cinnamon Grahams Breakfast Burrito	Egg & Turkey Sausage Scramble w/ Roasted Potatoes & Dinner Roll 30 Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Froot Loops Cereal w/ Giant Cinnamon Grahams Pancakes w/ Syrup

Mav Lun	ch	East Mer	+*	Made for you! stoods	
Monday	Tuesday	Wednesday	Thursday	Friday	
· · · ·			1	2	
			Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Cheese Tamale w/ Black Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice	
5	6	7	8	9	
Hot Dog w/ Oven Baked Fries Hamburger w/ Oven Baked Fries Furkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	Sweet Chili Chicken Meatballs w/ Not So Fried Rice & Broccoli Turkey & Cheese Sub Sandwich w/ Baby Carrots Cheese Pizza Kit Parm Pizza Bites w/ Marinara Dipping Sauce	Chicken Caesar Salad with Dinner Roll & Croutons Turkey & Cheese Cracker Kit w/ Baby Carrots Hummus, Flatbread & Egg Kit w/ Baby Carrots	RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes at Sauce w/ Diced Carrots Beef & Cheese Taco Stick w/ Roasted Fava Beans BBQ Chicken w/ Baked Beans & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice	
12	13	14	15	16	
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	Inside Out Chicken Pot Pie w/ Peas & Carrots Breakfast for Lunch: Pancakes & Sausage w/ Potatoes & Syrup Italian Turkey Trio on Hoagie w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Salad & Cheese Cracker Kit w/ Baby Carrots Sunflower Seeds w/ String Cheese & Baby Carrots Mexican Chicken Salad w/ Romaine Lettuce & Tostitos Chips	Chicken Tamale w/ Pinto Beans Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Bean & Cheese Pupusa w/ Curtido Salad	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice	
19	20	21	22	23	
Hot Dog w/ Oven Baked Fries Hamburger w/ Oven Baked Fries Furkey & Cheese Sandwich on Pretzel Bun Sunflower Seeds w/ String Cheese & Baby Carrots	Turkey & Cheese Sub Sandwich w/ Baby Carrots Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes Parm Pizza Bites w/ Marinara Dipping Sauce	Cheese Pizza Kit Asian Chicken Salad w/ WG Crispy Noodles Hummus, Flatbread & Egg Kit w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tostitos Chips Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Chicken Tikka Masala w/ Rice, Chickpeas & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice	
26	27	28	29	30	
NO SCHOOL	Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich Soy Veggie Burger w/ Roasted Potatoes Sunflower Seeds w/ String Cheese & Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons Cheese Pizza Kit Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Penne & Meat Sauce w/ Diced Carrots Turkey & Gravy w/ Mashed Potatoes & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice	
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp R	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Thursday:Cucumber Slices (1/4 C) w/ Tajin,Celery Sticks (1/4 C) Monday:Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C) Tuesday:Roasted Chickpeas,Side of Oven Baked Fries (1/2 C),Baby Carrots (1/4 C) Wednesday:Baby Carrots (1/2 C)	Applesauce Cup (1/2 C),Banana (1/2 C), 100% Fruit Juice 4 oz,Peach (1/2 C), Cantaloupe (30 servings per tray),Apple (1/2 C),Pear (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards		
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			SOCAL LUICI NSLP K-8		