

March Breakfast WEST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks	Sweet Potato Sunrise Muffin Froot Loops Cereal w/ Honey Grahams Egg & Cheese Croissant Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Cheerios Cereal w/ Honey Grahams Breakfast Burrito
10	11	12	13	14
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Cheerios Cereal w/ Honey Grahams Vanilla Concha	Strawberry Loaf Froot Loops Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Hot Oatmeal w/ Blueberries & Graham Cracker Egg Scramble w/ Dinner Roll	Conchita w/ String Cheese Maple Beef Sausage & Pancake Sandwich
17	18	19	20	21
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks w/ Syrup	Blueberry Muffin Froot Loops Cereal w/ Honey Grahams Egg & Cheese Croissant Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Breakfast Burrito
24	25	26	27	28
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Cheerios Cereal w/ Honey Grahams Waffle	Strawberry Loaf Froot Loops Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Egg Scramble w/ Roasted Potatoes & Dinner Roll Oatmeal w/ Blueberries & Graham Cracker	Conchita w/ String Cheese Apple Jacks Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
31				
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks				

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Tangerine (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Banana (1/2 C), Orange (1/2 C), Raisins (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



March Lunch

West menu



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Sunflower Seeds w/ String Cheese & Baby Carrots Cheeseburger w/ Oven Baked Fries Soy Veggie Burger w/ Roasted Potatoes Turkey & Cheese Sub Sandwich	Penne & Meat Sauce w/ Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit	Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes Chicken Salad & Cheese Cracker Kit w/ Baby Carrots Sunflower Seeds w/ String Cheese & Baby Carrots	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
10	11	12	13	14
NO SCHOOL	Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots Turkey & Cheese Sub Sandwich w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Grill Day Cheeseburger w/ Lettuce and Tomato Grill Day Veggie Burger w/ Lettuce & Tomato Grill Day Hot Dog w/ Lettuce and Tomato
17	18	19	20	21
Sunflower Seeds w/ String Cheese & Baby Carrots Turkey & Cheese Sub Sandwich Crispy Chicken Sandwich w/ Oven Baked Fries Soy Veggie Burger w/ Roasted Potatoes	Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit Beef Birria Tacos w/ Tajin Corn	Sunflower Seeds w/ String Cheese & Baby Carrots Bean & Cheese Pupusa w/ Curtido Salad Breakfast for Lunch: Pancakes & Sausage w/ Roasted Potatoes & Syrup Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	Beef & Cheese Taco Stick w/ Roasted Fava Beans BBQ Chicken w/ Baked Beans & Dinner Roll Cheese Tamale w/ Black Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
24	25	26	27	28
Sunflower Seeds w/ String Cheese & Baby Carrots Cheeseburger w/ Oven Baked Fries Soy Veggie Burger w/ Roasted Potatoes Turkey & Cheese Sub Sandwich	Penne & Meat Sauce w/ Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots Pineapple Teriyaki Chicken w/ Rice & Diced Carrots	Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots	Orange Chicken & Not So Fried Rice Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
31				
Sunflower Seeds w/ String Cheese & Baby Carrots Hot Dog w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger w/ Roasted Potatoes				


<i>Lunch Includes:</i>	<i>Veg of the Day:</i>	<i>Featured Fruit:</i>	<i>RevUp Rewards:</i>
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Tuesday:Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas Thursday:Celery Sticks (1/4 C),Cucumber Slices (1/4 C) w/ Tajin Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Monday:Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C)	100% Fruit Juice 4 oz,Halo Mandarin Oranges 2ea (1/2 C),Banana (1/2 C),Apple (1/2 C),Cranberries (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



March Breakfast

East Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks w/ Syrup	Sweet Potato Sunrise Muffin Froot Loops Cereal w/ Honey Grahams Egg & Cheese Croissant Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams Breakfast Burrito	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Cheerios Cereal w/ Honey Grahams Pancakes w/ Syrup
10	11	12	13	14
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Vanilla Concha	Strawberry Loaf Froot Loops Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Oatmeal w/ Blueberries & Graham Cracker	Conchita w/ String Cheese Apple Jacks Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
17	18	19	20	21
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks w/ Syrup	Blueberry Muffin Froot Loops Cereal w/ Honey Grahams Egg & Cheese Croissant Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal Cheerios Cereal w/ Honey Grahams Pancakes w/ Syrup
24	25	26	27	28
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Cheerios Cereal w/ Honey Grahams Waffle w/ Syrup	Strawberry Loaf Froot Loops Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Oatmeal w/ Blueberries & Graham Cracker	Conchita w/ String Cheese Apple Jacks Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
31				
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks w/ Syrup				
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Tangerine (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Banana (1/2 C), Orange (1/2 C), Raisins (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	
				

March Lunch

East Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Sunflower Seeds w/ String Cheese & Baby Carrots Cheeseburger w/ Oven Baked Fries Turkey & Cheese Sub Sandwich	4 Penne & Meat Sauce w/ Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit Pineapple Teriyaki Chicken w/ Rice & Diced Carrots	5 Chicken Salad & Cheese Cracker Kit w/ Baby Carrots Sunflower Seeds w/ String Cheese & Baby Carrots	6 Beef & Cheese Taco Stick w/ Roasted Fava Beans Bean & Cheese Pizza Kit Cheese Tamale w/ Black Beans Orange Chicken & Not So Fried Rice Breakfast for Lunch: Egg & Cheese Sandwich w/ Roasted Potatoes	7 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
10	11 Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots Inside Out Chicken Pot Pie w/ Peas & Carrots	12 Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots	13 Sweet Chili Chicken Meatballs w/ Not So Fried Rice & Broccoli Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	14 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
17 Sunflower Seeds w/ String Cheese & Baby Carrots Turkey & Cheese Sub Sandwich Crispy Chicken Sandwich w/ Oven Baked Fries	18 Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit Beef Birria Tacos w/ Tajin Corn	19 Sunflower Seeds w/ String Cheese & Baby Carrots Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	20 Beef & Cheese Taco Stick w/ Roasted Fava Beans BBQ Chicken w/ Baked Beans & Dinner Roll Cheese Tamale w/ Black Beans	21 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
24 Sunflower Seeds w/ String Cheese & Baby Carrots Cheeseburger w/ Oven Baked Fries Turkey & Cheese Sub Sandwich	25 Penne & Meat Sauce w/ Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots Pineapple Teriyaki Chicken w/ Rice & Diced Carrots	26 Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots	27 Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	28 Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
31 Sunflower Seeds w/ String Cheese & Baby Carrots Hot Dog w/ Oven Baked Fries Turkey & Cheese Sandwich on Pretzel Bun				
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Veg of the Day: Tuesday:Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas Thursday:Celery Sticks (1/4 C),Cucumber Slices (1/4 C) w/ Tajin Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Monday:Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C)	Featured Fruit: 100% Fruit Juice 4 oz,Halo Mandarin Oranges 2ea (1/2 C),Banana (1/2 C),Apple (1/2 C),Cranberries (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

