

February Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
French Toast Sticks Cheerios Cereal w/ Honey Grahams	Blueberry Muffin Froot Loops Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams	Strawberry Yogurt Parfait w/ Cinnamon Granola Cheerios Cereal w/ Honey Grahams
10	11	12	13	14
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Vanilla Concha	Banana Bread Froot Loops w/Honey Grahams	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Hot Oatmeal w/ Blueberries	Conchita w/ String Cheese Apple Jacks Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
17	18	19	20	21
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Vanilla Concha	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams Breakfast Burrito	Strawberry Yogurt Parfait w/ Cinnamon Granola Cheerios Cereal w/ Honey Grahams Pancakes
24	25	26	27	28
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Waffle w/ Syrup	Banana Bread Froot Loops Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Hot Oatmeal w/ Blueberries	Conchita w/ String Cheese Apple Jacks Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C), Pear (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Banana (1/2 C), Orange (1/2 C), Raisins (1/2 C), Blood Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



February Lunch

West Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheeseburger Turkey & Cheese Torta Sandwich Sunflower Seeds w/ String Cheese & Baby Carrots Soy Veggie Burger	Penne & Meat Sauce w/ Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit	Chicken Tortilla Soup w/ Tostitos Chips Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	Orange Chicken & Not So Fried Rice w/ Diced Carrots Sunflower Seeds w/ String Cheese & Baby Carrots	Bean and Cheese Pizza Kit Beef & Cheese Taco Stick w/ Roasted Fava Beans
10	11	12	13	14
NO SCHOOL	Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots Turkey & Cheese Sub Sandwich w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
17	18	19	20	21
NO SCHOOL	Orange Chicken & Not So Fried Rice w/ Diced Carrots Bean & Cheese Pupusa w/ Curtido Salad Chicken Salad & Cheese Cracker Kit w/ Baby Carrots Egg Salad Sandwich w/ Baby Carrots	Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit Sunflower Seeds w/ String Cheese & Baby Carrots	Beef & Cheese Taco Stick w/ Roasted Fava Beans BBQ Chicken w/ Baked Beans & Dinner Roll Southwest Chicken Salad w/ WG Dinner Roll Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
24	25	26	27	28
Crispy Chicken Sandwich Turkey & Cheese Sandwich on Pretzel Bun Soy Veggie Burger	Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots Turkey & Cheese Sub Sandwich w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk or Fat Free Strawberry Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C),Side of Oven Baked Fries (3/4 C) Tuesday:Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas Thursday:Cucumber Slices (1/4 C) w/ Tajin,Celery Sticks (1/4 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C)	100% Fruit Juice 4 oz,Halo Mandarin Oranges 2ea (1/2 C),Applesauce Cup (1/2 C),Apple (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



February Breakfast- EAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Vanilla Concha French Toast Sticks w/ Syrup	Blueberry Muffin Froot Loops Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams	Strawberry Yogurt Parfait w/ Cinnamon Granola Cheerios Cereal w/ Honey Grahams
10	11	12	13	14
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Vanilla Concha	Banana Bread Froot Loops Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Oatmeal w/ Blueberries	Conchita w/ String Cheese Apple Jacks Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
17	18	19	20	21
NO SCHOOL	Cinnamon Chex Cereal w/ Honey Grahams Vanilla Concha	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin Apple Jacks Cereal w/ Honey Grahams Breakfast Burrito	Strawberry Yogurt Parfait w/ Cinnamon Granola Cheerios Cereal w/ Honey Grahams Pancakes w/ Syrup
24	25	26	27	28
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Fruit & Yogurt Smoothie w/ Granola Cheerios Cereal w/ Honey Grahams Waffle w/ Syrup	Banana Bread Froot Loops Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams Oatmeal w/ Blueberries	Conchita w/ String Cheese Apple Jacks Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C), Pear (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Banana (1/2 C), Orange (1/2 C), Raisins (1/2 C), Blood Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



February Lunch-EAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheeseburger Turkey & Cheese Torta Sandwich Sunflower Seeds w/ String Cheese & Baby Carrots	Penne & Meat Sauce w/ Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit	Chicken Tortilla Soup w/ Tostitos Chips Chicken Salad & Cheese Cracker Kit w/ Baby Carrots Sunflower Seeds w/ String Cheese & Baby Carrots	Orange Chicken & Not So Fried Rice w/ Diced Carrots Southwest Chicken Salad w/ WG Dinner Roll Bean & Cheese Pizza Kit	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
10	11	12	13	14
NO SCHOOL	Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots Turkey & Cheese Sub Sandwich w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
17	18	19	20	21
NO SCHOOL	Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Bean & Cheese Pupusa w/ Curtido Salad Chicken Salad & Cheese Cracker Kit w/ Baby Carrots Egg Salad Sandwich w/ Baby Carrots	Italian Turkey Trio on Hoagie w/ Baby Carrots Cheese Pizza Kit Sunflower Seeds w/ String Cheese & Baby Carrots	Beef & Cheese Taco Stick w/ Roasted Fava Beans BBQ Chicken w/ Baked Beans & Dinner Roll Turkey & Cheese Cracker Kit w/ Roasted Fava Beans Cheese Tamale w/ Black Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
24	25	26	27	28
Crispy Chicken Sandwich Turkey & Cheese Sandwich on Pretzel Bun	Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots Turkey & Cheese Sub Sandwich w/ Baby Carrots 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons Hummus, Flatbread & Egg Kit w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tostitos Chips Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk or Fat Free Strawberry Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday: Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C), Side of Oven Baked Fries (3/4 C) Tuesday: Baby Carrots (1/2 C) Wednesday: Roasted Chickpeas Thursday: Cucumber Slices (1/4 C) w/ Tajin, Celery Sticks (1/4 C) Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch (1 C)	100% Fruit Juice 4 oz, Halo Mandarin Oranges 2ea (1/2 C), Applesauce Cup (1/2 C), Apple (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

