

# DECEMBER BREAKFAST

# WEST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Corn Chex Cereal, Honey Grahams, Applesauce, Fruit Juice & Milk Berry Apple Crisp Bar, Fruit & Milk	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit Sausage & Cheese Stuffed Waffle	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams Waffle
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Mini Maple Pancakes	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams French Toast Sticks	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit Sausage & Cheese Stuffed Waffle	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
<b>29</b>	<b>30</b>	<b>31</b>		
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
<b>Breakfast Includes:</b>	<b>Featured Fruit:</b>		<b>RevUp Rewards:</b>	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Tangerine (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Orange (1/2 C), Banana (1/2 C), Applesauce Cup (1/2 C), Pear (1/2 C), Raisins (1/2 C)		Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	



# DECEMBER LUNCH WEST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Mini Buffalo Chicken Bites & Smoked Gouda Dip, Wheat Crackers, Craisins, Veg Juice & Milk Mini Stable Buffalo Chicken Bites & Smoked Gouda Dip, Wheat Crackers, Craisins, Veg Juice & Milk	Penne & Meat Sauce Chicken Tamale w/ Seasoned Mixed Veg Cheese Pizza Kit	Bean & Cheese Burrito w/ Roasted Fava Beans Southwest Chicken Salad w/ WG Dinner Roll Queso Blanco Turkey Bowl w/ Rice & Pinto Beans	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Bean & Cheese Pupusa w/ Curtido Salad Asian Chicken Salad w/ WG Crispy Noodles	RevFood's Pepperoni Pizza RevFood's Cheese Pizza Turkey & Cheese Sub Sandwich
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
P'B&J Sandwich Kit (Seedbutter) w/ Tajin Corn Chicken Bites w/ Mashed Potatoes	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Tamale w/ Seasoned Mixed Veg Italian Turkey Trio on Hoagie w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tortilla Chips Cheese Tamale w/ Black Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Parm Pizza Bites w/ Marinara Dipping Sauce Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
P'B&J Sandwich Kit (Seedbutter) w/ Tajin Corn Hot Dog w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries	Cheese Pizza Kit Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Penne & Meat Sauce	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Parm Pizza Bites w/ Marinara Dipping Sauce Mac & Cheese w/ Diced Carrots Chicken Caesar Salad with Dinner Roll & Croutons	RevFood's Pepperoni Pizza RevFood's Cheese Pizza Turkey & Cheese Sub Sandwich
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
<b>29</b>	<b>30</b>	<b>31</b>		
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Baby Carrots (1/4 C) Wednesday:Baby Carrots (1/2 C),Cucumber Slices (1/4 C) w/ Tajin Thursday:Celery Sticks (1/4 C),Baby Carrots (1/2 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/ Ranch (1/2 C)	100% Fruit Juice 4 oz,Tangerine (1/2 C),Banana (1/2 C),Apple (1/2 C),Apple Slices (1/2 C),Cranberries (1/2 C)	Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>

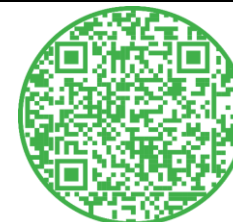


# DECEMBER BREAKFAST

# EAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Corn Chex Cereal, Honey Grahams, Applesauce, Fruit Juice & Milk Berry Apple Crisp Bar, Fruit & Milk	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit Sausage & Cheese Stuffed Waffle	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cinnamon Roll Sausage & Cheese Stuffed Waffle
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams French Toast Sticks	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit Sausage & Cheese Stuffed Waffle	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
<b>29</b>	<b>30</b>	<b>31</b>		
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
<b>Breakfast Includes:</b>	<b>Featured Fruit:</b>		<b>RevUp Rewards:</b>	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Tangerine (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Orange (1/2 C), Banana (1/2 C), Applesauce Cup (1/2 C), Pear (1/2 C), Raisins (1/2 C)		Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	



# DECEMBER LUNCH EAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Tamale w/ Seasoned Mixed Veg Mini Stable Buffalo Chicken Bites & Smoked Gouda Dip, Wheat Crackers, Craisins, Veg Juice & Milk	Penne & Meat Sauce Cheese Pizza Kit	Bean & Cheese Burrito w/ Roasted Fava Beans Queso Blanco Turkey Bowl w/ Rice & Pinto Beans	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Bean & Cheese Pupusa w/ Curtido Salad Asian Chicken Salad w/ WG Crispy Noodles	RevFood's Pepperoni Pizza RevFood's Cheese Pizza Turkey & Cheese Sub Sandwich
8	9	10	11	12
Crispy Chicken Sandwich w/ Oven Baked Fries Chicken Bites w/ Mashed Potatoes	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Tamale w/ Seasoned Mixed Veg Italian Turkey Trio on Hoagie w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tortilla Chips Cheese Tamale w/ Black Beans	Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Parm Pizza Bites w/ Marinara Dipping Sauce Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
15	16	17	18	19
Hot Dog w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries	Cheese Pizza Kit Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Penne & Meat Sauce	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Parm Pizza Bites w/ Marinara Dipping Sauce Mac & Cheese w/ Diced Carrots Chicken Caesar Salad with Dinner Roll & Croutons	RevFood's Pepperoni Pizza RevFood's Cheese Pizza Turkey & Cheese Sub Sandwich
22	23	24	25	26
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
29	30	31		
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
<b>Lunch Includes:</b>	<b>Veg of the Day:</b>	<b>Featured Fruit:</b>	<b>RevUp Rewards:</b>	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Baby Carrots (1/4 C) Wednesday:Baby Carrots (1/2 C),Cucumber Slices (1/4 C) w/ Tajin Thursday:Celery Sticks (1/4 C),Baby Carrots (1/2 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/ Ranch (0.75 C)	100% Fruit Juice 4 oz,Tangerine (1/2 C),Banana (1/2 C),Apple (1/2 C),Apple Slices (1/2 C),Cranberries (1/2 C)	Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	

