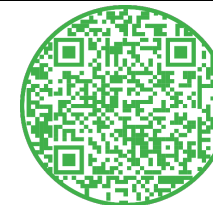


September Breakfast

East and West Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola Cinnamon Chex Cereal w/ Honey Grahams	NEW! Apple Jacks Cereal w/ Honey Grahams Blueberry Muffin	Cinnamon Roll NEW! Froot Loops Cereal w/ Honey Grahams
9	10	11	12	13
Cinnamon Crumble NEW! Froot Loops Cereal w/ Honey Grahams	Yogurt w/ Honey Grahams Cinnamon Chex Cereal w/ Honey Grahams	Banana Bread Cheerios Cereal w/ Honey Grahams	NEW! Sweet Potato Sunrise Muffin Cinnamon Chex Cereal w/ Honey Grahams	Conchita w/ String Cheese NEW! Apple Jacks Cereal w/ Honey Grahams
16	17	18	19	20
Cheerios Cereal w/ Honey Grahams French Toast Sticks w/ Syrup	NEW! Froot Loops Cereal w/ Honey Grahams Breakfast Burrito	NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola Cinnamon Chex Cereal w/ Honey Grahams	Chocolate Chip Muffin Top Apple Jacks Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Cinnamon Roll NEW! Froot Loops Cereal w/ Honey Grahams Egg & Cheese Empanada
23	24	25	26	27
Cinnamon Crumble Froot Loops Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Cinnamon Chex Cereal w/ Honey Grahams Pancakes w/ Syrup	Banana Bread Cheerios Cereal w/ Honey Grahams	Cinnamon Chex Cereal w/ Honey Grahams Breakfast Burrito	Conchita w/ String Cheese NEW! Apple Jacks Cereal w/ Honey Grahams Waffle w/ Syrup
30				
French Toast Sticks w/ Syrup				
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of Fat Free White Milk or 1% Low Fat White Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams	Orange (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Banana (1/2 C), Dried Cranberries (1/2 C)		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



September Lunch East and West Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		Chicken Salad Sandwich w/ Baby Carrots NEW! 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	NEW! Veggie Chef Salad w/ Egg, Dinner Roll & Ranch NEW! Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
9	10	11	12	13
Sunflower Seeds w/ String Cheese & Baby Carrots NEW! Turkey & Cheese Knot Sandwich	NEW! Italian Turkey Trio on Cheesy Foccacia w/ Baby Carrots Cheese Pizza Kit	Mexican Chicken Salad w/ Romaine Lettuce & Poptillas NEW! Turkey & Cheese Cracker Kit w/ Baby Carrots	NEW! Southwest Chicken Salad w/ WG Dinner Roll NEW! Bean & Cheese Pizza Kit	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
16	17	18	19	20
Cheeseburger w/ Oven Baked Fries Sunflower Seeds w/ String Cheese & Baby Carrots	Turkey & Cheese Sub Sandwich w/ Baby Carrots Hummus, Flatbread & Egg Kit w/ Baby Carrots Cheese Lasagna w/ Marinara	NEW! 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots NEW! Chicken Caesar Salad with Dinner Roll & Croutons	Turkey Nachos w/ Refried Beans & Poptillas Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
23	24	25	26	27
Hot Dog w/ Oven Baked Fries Sunflower Seeds w/ String Cheese & Baby Carrots NEW! Turkey & Cheese Knot Sandwich w/ Oven Baked Fries	Chicken Bites w/ Mashed Potatoes NEW! Italian Turkey Trio on Cheesy Foccacia w/ Baby Carrots Cheese Pizza Kit	Mexican Chicken Salad w/ Romaine Lettuce & Poptillas NEW! Turkey & Cheese Cracker Kit w/ Baby Carrots	NEW! Queso Blanco Chicken Bowl w/ Rice & Pinto Beans NEW! Southwest Chicken Salad w/ WG Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
30				
Cheeseburger w/ Oven Baked Fries Turkey & Cheese Torta Sandwich Sunflower Seeds w/ String Cheese & Baby Carrots				
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance	Tuesday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C),Baby Carrots (1/2 C) Monday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C) Wednesday:Roasted Chickpeas Thursday:Cucumber Slices (1/4 C) w/ Tajin Friday:Side Salad - Lettuce, Carrot,	100% Fruit Juice 4 oz,Grapes (1/2 C), Banana (1/2 C),Plum (1/2 C)	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

