

School Illness Guidelines

The following guidelines have been developed to help you determine when your student needs to stay home or go home from school

In most situations, any student who develops new, unexplained symptoms should not return to campus until it is clear that symptoms are mild and improving or are due to a non-infectious cause.

For some instances a healthcare provider documentation may be requested.

COVID-19 Positive

Please notify the school office if your student tests positive

- Stay home for at least 5 days after start of symptoms, or after date of first positive test if no symptoms
- Return to school on day 6, if student feels well with no symptoms or symptoms are mild or improving, and are fever free for 24 hours

SYMPTOMS

Should your student stay home or go home from school?

Fever

Yes, if

- Fever of 100.4°F or greater, or student acts ill or student unable to comfortably participate in school activities

Must: Stay home until 24 hours have passed since resolution of fever without the use of fever-reducing medications

Congestion: Nasal Drainage/Cough/Sore Throat

Yes, if

- Student looks/acts ill, or cannot comfortably participate in school activities
- Difficulty breathing
- Persistent cough or nasal drainage not easily managed
- Wheezing, if not previously evaluated and treatment available

Headache Fatigue/ Muscle or Body Aches

Yes, if

- If symptoms do not go away after resting
- Student looks/acts ill, or cannot comfortably participate in school activities
- Recent history of head injury

Diarrhea/Vomiting

Yes, if

- Diarrhea/Vomiting once while at school and student looks/acts ill or cannot comfortably participate in school activities
- Diarrhea/Vomiting 2 or more times in prior 24 hours, keep home for 24 hours after the last episode
- Student wears diapers and stool is not contained in the diaper
- Recent history of head injury

Eye Irritation and or Pinkeye/ Conjunctivitis

Yes, if

- Red eyes with significant yellow/mucus drainage
 - There is an outbreak in a classroom or recommended by healthcare provider
- *If eyes have no drainage-student may stay at school*

Rash

Yes, if

- Significant rash
 - Oozing/open wound with active drainage
- *If rash is not draining & is covered by a small bandage, may stay at school*

Must: Student may return to school with no rash or with a note from healthcare provider indicating the student's condition is non-infectious

Stomach Ache

Yes, if

- Student looks/acts ill, or cannot comfortably participate in school activities
- Severe pain that continues for more than two hours
- Associated with diarrhea or vomiting, bloody/black stools, or stomach ache after injury